



GOURMET FROZEN YOGURT



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NUTRITION FACTS

Signature Tart

Serving Size 1/2 cup (83g)
Servings Per Container

Amount Per Serving

Calories 100 **Calories from Fat 0**

Total Fat 0g **0%**
Saturated Fat 0g **0%**
Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 65mg **0%**

Total Carbohydrate 20g **7%**
Dietary Fiber 0g **0%**
Sugar 5g

Protein 3g

Vitamin A **2%**

Vitamin C **2%**

Calcium **2%**

Iron **0%**

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Chocolate

Serving Size 1/2 cup (83g)
Servings Per Container

Amount Per Serving

Calories 110 **Calories from Fat 0**

Total Fat 0g **0%**
Saturated Fat 0g **0%**
Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 65mg **0%**

Total Carbohydrate 22g **7%**
Dietary Fiber 1g **0%**
Sugar 17g

Protein 4g

Vitamin C **2%**

Calcium **10%**

Iron **2%**

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Vanilla

Serving Size 1/2 cup (83g)
Servings Per Container

Amount Per Serving

Calories 100 **Calories from Fat 0**

Total Fat 0g **0%**
Saturated Fat 0g **0%**
Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 55mg **0%**

Total Carbohydrate 21g **7%**
Dietary Fiber 0g **0%**
Sugar 16g

Protein 4g

Vitamin C **2%**

Calcium **15%**

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.